# Kathi Burns

### Speaker | Author | Professional Organizer | Image Consultant

ganized & Energized!











"When you get organized and create systems that work behind the scenes of your life, your world will open up to new possibilities and your spirit will soar!"



Kathi Burns, CPO®is a Board Certified Professional Organizer, Image Consultant, author and speaker. As the founder of Organized and Energized!, a professional organizing and image consultancy, her mission for almost two decades has been to end overwhelm, energize, and transform lives by creating systems people can embrace and stick to.

While working as a licensed boat captain and living full time out of a duffle bag, Kathi realized the importance of living small, being organized, and merging art and style with practicality. In 2005, one year after launch, Good Morning America featured Kathi as a successful woman-owned business.

Since then, Kathi has published two books and created numerous online training programs. As an organizing, image and productivity expert, Kathi's advice has been featured in multiple national media outlets including Oprah Magazine, Martha Stewart Living, Better Homes and Gardens, Entrepreneur Magazine, and more. Additionally, she is a frequently called upon guest expert for NBC, Fox and CW6 News.

"Excellent speaker, really keeps your attention, good with audience participation, great visuals!"

- Deanna Hall ~ SAIC

#### **PROGRAMS**

## **Eliminate These Energy Zappers from Your Telework Environment Now**

- · Uncover hidden distractions and habits that unbalance our lives
- · Understand simple, practical systems to increase productivity
- Implement tactics that avoid and even eliminate outside disruptions
- Discover how small, simple habits can free your mind and your time at home
- Implement productivity tools to skyrocket your goals to completion

# Mastering Your Muck: Organize Your Life So You Can Live Your Purpose

- Apply easy strategies to declutter your mind and your space
- Stop being enslaved to busywork
- Delegate tasks with confidence so you can focus on your strengths
- Control your environment for maximum productivity
- Create systems that enhance your focus and accelerate your business

### **Level Up ~ How To Painlessly Embrace Change**

- · Discover and identify organizing and energetic roadblocks
- Remove unnecessary busyness, tasks and clutter
- · Create the space to dramatically increase your energy
- Develop systems so that you can get more done and enjoy life with less stress and overwhelm

### Kathi is available for:

- Keynotes
- Virtual Conferences
- Zoom Webinars
- Lunch and Learns
- Breakout out Sessions
- Retreats
- Employee Training
- Corporate Conferences



Book Kathi Today!

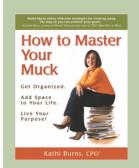
"If you are looking for an outstanding speaker to add tremendous value to your event, I wholeheartedly recommend Kathi Burns. Looking through the evaluations, she was a hit with the attendees. Her practical tips and excellent delivery kept the women engaged, entertained and wanting more!"

Lara Diamond Phillips ~
Sharp HealthCare

### **PARTIAL CLIENT LIST**

- Intuit
- · Hewlett-Packard
- · American Red Cross
- · Women in Automotive
- · Life Technologies
- Sempra Energy
- Port of San Diego
- California WIC Association
- Sharp Health
- Coast Community Colleges

#### **PUBLISHED WORKS**





Follow Kathi











Email: Media@OrganizedandEnergized.com | Phone: 619.363.3311 | Website: OrganizedandEnergized.com