

Kathi Burns CPO®, is an author, speaker & the founder of addSpace To Your Life! ~ a Professional Organizing & Image Consultancy.

After sailing as licensed captain and living full time out of a duffle bag, she realized the importance of living small and being organized. In 2004 Kathi launched her organizing and image consultancy. The following year Good Morning America featured Kathi as a successful woman business owner.

Since then Kathi has written two books and authored numerous reports and created several online training programs.

As an organizing, image and productivity expert Kathi's advice has been featured in Oprah Magazine, Martha Stewart Living and Better Homes and Gardens, Entrepreneur Magazine and more. She is a frequently called upon guest expert for Fox, NBC and CW6 News

Kathi's mission is to help clients remove their exterior obstacles and unnecessary baggage so that they can create a life of purpose, ease, joy and success.

Kathi discovered that her dharma, or purpose in life, is helping others become masters of change. Her passion is ignited while witnessing clients gain mastery over their wardrobe or environment and begin to change their relationship with change.

During the consulting process, clients become emboldened and lose their fear of change, which makes it easier for them to overcome other personal obstacles beyond the spheres of getting organized or dressing well.

They create space in their lives for what truly matters to them, which in turn, gives them the vision and inspiration to live their purpose. As Kathi frequently exclaims, "What's not to love about that!"

As a serial entrepreneur herself, she is fiercely committed to helping entrepreneurs achieve greater success and prosperity while maintaining work / life balance so they can have the business of their dreams and enjoy free time for personal endeavors. Her focus is to show clients how to let go of the unnecessary which always creates open space for renewed energy and increased freedom.

As a national motivational speaker, Kathi has been lauded as an inspiring, authentic, educational and engaging. Her clients include Intuit, American Red Cross, SAIC, Logitech, Hewlett Packard and more.

A graduate from Ohio University, Kathi received her Bachelor of Science in Communications. She is one of less than 300 Board Certified Professional Organizers in the world, a member of the NAPO Golden Circle and sits on the CPO Board Exam Review Committee.

A Personal Note

"Change is my true nature and it brings me great joy. I was actually surprised to discover that change is often very difficult for others to embrace.

My lack of fearlessness and the sense of joy that I feel while making changes in my life are the unique and valuable skills that I now use to help others.

I also know that where there is a newly cleared space, there is an instant opportunity for change.

Space always brings clarity. When you have the advantage of extra space and time, you can see clearly what you need to manifest a successful and fulfilling life."

Kathi Burns, CPO® is a Board Certified Professional Organizer, Image Consultant, author and speaker.

As the founder of OrganizedandEnergized.com, a professional organizing and image consultancy, her mission for almost two decades has been to end overwhelm, energize, and transform lives by creating systems people can stick to.

While working as a licensed boat captain and living full time out of a duffle bag, Kathi realized the importance of living small, being organized, and merging art and style with practicality. In 2005, one year after launch, Good Morning America featured Kathi as a successful woman-owned business.

Since then, Kathi has published two books and created numerous online training programs. As an organizing, image and productivity expert, Kathi's advice has been featured in multiple national media outlets, including Oprah Magazine, Martha Stewart Living, Better Homes and Gardens, Entrepreneur Magazine, and more. Additionally, she is a frequently called upon guest expert for Fox, NBC and CW6 News.